



Building a healthier Tennessee through strong physician leadership

About TFQPH

Every Tennessean deserves access to compassionate care delivered by physicians who are exceptional leaders, skilled clinicians, and thoughtful advocates for their communities. The **Tennessee Foundation for Quality Patient Healthcare (TFQPH)** is a **501(c)(3) nonprofit founded by the Tennessee Medical Association (TMA)** to make this vision a reality. We empower Tennessee's physicians through innovative leadership development, targeted education, and strategic initiatives that help doctors navigate today's healthcare challenges while putting patients first. When physicians thrive as leaders, patients and communities thrive, and that's the foundation of everything we do.

TFQPH Programming

The **Ingram Institute for Physician Leadership** is the TFQPH flagship program designed to address a critical need: equipping physicians with leadership skills that are not taught in medical school or residency. Its programs provide practical training that prepares physicians to excel and lead in today's complex healthcare environments. The Institute consists of two programs:

Physician Leadership Immersion

A two-weekend immersive retreat that not only helps physicians understand themselves as leaders but also empowers them with the expertise to lead effectively. Expert facilitators guide participants through exploring their own personalities and leadership styles, then deep dive into crucial leadership fundamentals.

Physician Leadership Lab

A seven-month course for physicians ready to address challenges within their practice or healthcare system. Participants develop skills centered on improving care processes, building a culture of accountability, and leading change, then apply these approaches through a real-world project within their own practice environments.

With a \$1.5 million grant from the **Tennessee Opioid Abatement Council**, TFQPH is leading a three-year statewide initiative to combat opioid misuse through our Know More/No More program. Our comprehensive approach provides free prescriber education on evidence-based practices and responsible prescribing protocols, coupled with community outreach to expand public awareness. When physicians and communities know more about opioid risks and prevention, there are no more preventable deaths. By equipping Tennessee physicians with the knowledge and tools they need, we're creating lasting change in how our state addresses substance use disorders and saves lives. This initiative builds upon TFQPH's 20-year history of providing grant-funded prescribing education projects that improve patient care and care quality.

TFQPH is committed to helping residents who train in Tennessee build their careers here, turning their education into lasting service for our communities. Our goal is to retain more physicians in Tennessee and support their successful transition into active practice, strengthening healthcare where it is needed most.

The **Resident Job Board** is the first step in making this vision a reality. By creating simple connections between Tennessee's medical residents and TMA member practices statewide, we are making it easier for residents to discover opportunities right here at home. Through these connections, we are building the foundation for Tennessee's healthier future.

Support the TFQPH

For nearly a decade, the Ingram Institute was fully supported by grant funding through a national nonprofit. That funding source ended in 2024.

To continue advancing a healthier future for Tennessee, the TFQPH must seek out alternative funding sources to cover program costs and maintain affordable tuition rates for incoming classes. This is particularly important for early-career physicians whom may have limited resources.

Donate Now

To make a donation, scan the QR code or mail a check made payable to TFQPH-JII to 701 Bradford Ave. Nashville, TN 37204.

For questions about TFQPH or to learn more about ways to give, contact TFQPH Senior Director, Beth Lentchner, at **beth.lentchner@tnmed.org**.

