## REPORT OF THE INSURANCE ISSUES COMMITTEE

May 17, 2025

TO: HOUSE OF DELEGATES

TENNESSEE MEDICAL ASSOCIATION

SUBMITTED BY: RANDAL DABBS, MD, FACEP, FAAFP, CHAIR

The Tennessee Medical Association (TMA) Insurance Issues Committee met quarterly during this past year. Dr. Randal Dabbs served as chair and Dr. John Binhlam as vice chair.

The 2024 TMA House of Delegates did not refer any resolutions to the Committee for study or action. No matters were referred by the TMA Board of Trustees.

TennCare Managed Care Organization (MCO) Performance. Several large group practices submitted concerns about TennCare MCO claims payment, credentialing, improper recoupment, lax primary care provider attributions, and many more MCO performance problems. The Committee discussed options as to how TMA could assist its members with these. Options discussed included 1) class action lawsuit; 2) formation of an MSO under a single tax ID; and 3) establishment of clinically integrated networks. The Committee followed up discussions of these options by meeting with the TennCare Bureau to discuss emergency room underpayments, receiving a presentation on managed service organization formation, weighing the ability of practices to receive payment for prior authorization, and conducting an MCO satisfaction survey. The survey was discontinued based on a lack of participation.

 <u>Drug Availability</u>. The discussion of drug shortages and access continued from 2024. At the committee's request, the Board of Trustees considered this issue during its July 14, 2024 meeting. The Board considered information from the American Medical Association and the other state medical associations. It also discussed the factors contributing to shortages/high prices such as demand shocks, supply chain disruption of drugs and their excipients, failure to stockpile, regulatory supply constraint, corporate reaction to lawsuits, and regulatory unintended consequences. It also considered a Federal Trade Commission report on pharmacy benefit managers released days before. It concluded that TMA could not do anything substantive to alleviate the issue at the state level. The problems are federal and even international.

 <u>Arbitration Clauses in Provider Contracts</u>. The committee discussed material submitted to it illustrating "take-it-or-leave-it" provisions in health insurance carrier provider agreements requiring expensive arbitration and prohibiting class action arbitrations and class action lawsuits. According to the material reviewed, the provisions make it prohibitively expensive

to challenge agreement provisions. The committee received a report revealing that no other state addressed arbitration clauses or prohibitions on class action or class arbitration provisions in their state laws or regulations.

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The committee began discussions about the use of artificial intelligence (AI) by health plans in prior authorization determinations. Some other topics on the committee's radar screen for 2025 – 2026 include primary care prescriptions for "specialty" drugs, recoupment of physician payments, termination of practices from networks for refusal to take deep cuts, and restrictions of buprenorphine prescribing.

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- I wish to thank the committee members for their willingness to serve, and I appreciate our
- 12 TMA President, Dr. Landon Combs, board liaison, Dr. Trey Lee, and staff liaison, Yarnell Beatty,
- 13 for their assistance, information, and involvement.

Respectfully submitted,

Randal Dabbs, MD, FACEP, FAAFP, Chair

## <u>2024-2025 Insurance Issues Com</u>mittee

Edward Capparelli, MD Daniel Duzan, MD Angie Wan, MD David Portnoy, MD Dennis Duck, MD George Lear Trey Lee, MD, Board Liaison Sen. Joey Hensley, MD John Q. Binhlam, MD, Vice Chair Laurence Pittman, MD Michelle Cochran, MD **Penny Craig** Kelley Rice Stephen Adams, MD Randal L. Dabbs, MD, Chair Katie Duffy Yarnell Beatty, Staff Liaison